



# Local Walks

AROUND ANSTEY



[www.choosehowyoumove.co.uk](http://www.choosehowyoumove.co.uk)



This series includes the Ansteys Centenary Route and also an easy walk across fields to Sheet Hedges Wood ancient woodland and SSSI.

The Saxon village of Ansteys was mentioned in the Domesday Book. Historical features in the environs of Ansteys include Packhorse Bridge built in the 15th century to provide easier access with Leicester, Manor Farm on the Green, the oldest existing building and Bradgate House, childhood home of Lady Jane Grey.

The routes in the Groby Parish Walks leaflet can be linked with this one to create many alternatives. Bradgate Park, also offers a great network of paths to explore.

**START:** The Ansteys Nook Public Car Park is just off the centre of Ansteys with access to toilets, pubs and shops. Staddon Road, LE7 7JY. Ordnance Survey Grid Ref: 455053 308652 - Explorer Map 246 and 233.

**PARKING:** Ansteys Nook Public Car Park is just off the centre of Ansteys with access to toilets, pubs and shops.

**REFRESHMENTS AND TOILETS:**

Various shops, cafés and pubs in Ansteys. Public toilets in The Nook Car Park in Ansteys village centre.

**GETTING THERE:**

Plan your journey on foot, by bike, public transport or car by visiting [www.choosehowyoumove.co.uk](http://www.choosehowyoumove.co.uk) or calling Traveline on **0871 200 22 33** (charges apply) for the latest public transport information.

**ACKNOWLEDGEMENTS:** With thanks to the Ramblers, Britain's walking charity, who have helped develop this local walk. For more information and ideas for walks visit [www.ramblers.org.uk](http://www.ramblers.org.uk)



For more information and to report problems contact:  
Tel **0116 305 0001**  
Email [footpaths@leics.gov.uk](mailto:footpaths@leics.gov.uk)



# Local Walks

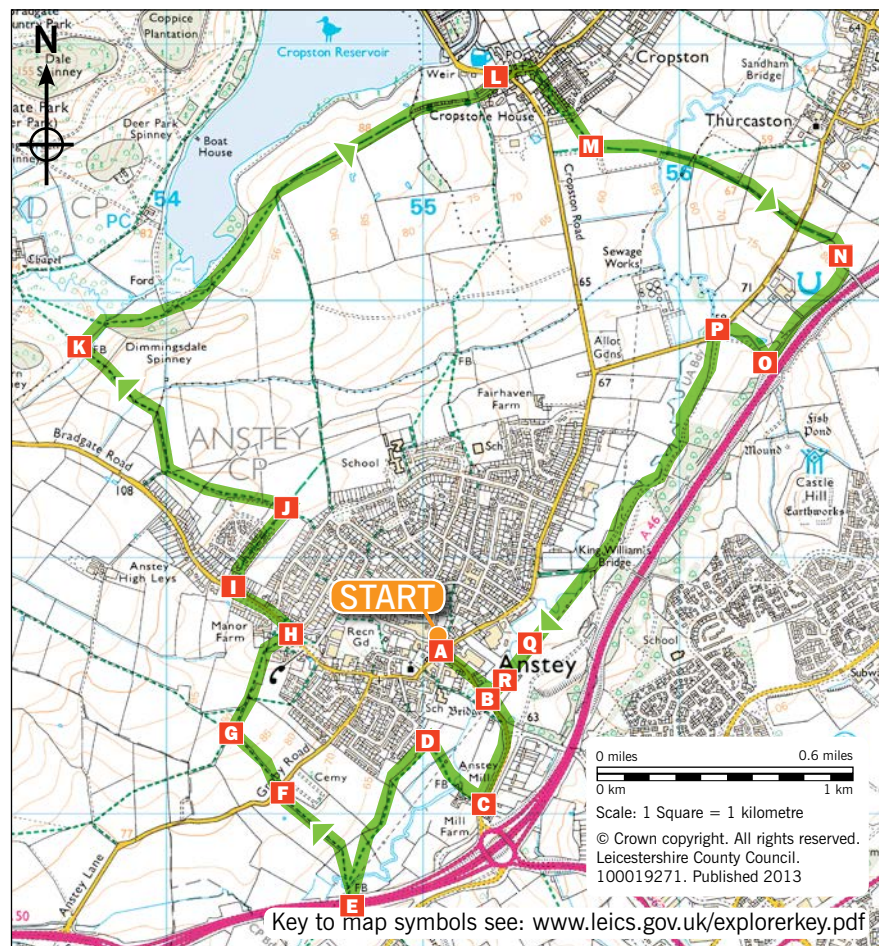
## AROUND ANSTEY



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### Walk 1: This is a 7 mile route along paths and tracks with excellent views of Charnwood Forest.

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There are 6 stiles. Parts of the walk are along the valley of the Rothley Brook and can be muddy after heavy rain.

**A.** From Car Park walk back to the Nook roundabout and head towards Leicester.

**B.** Take 2nd right out of the village and then left across the 15th century Packhorse Bridge (note the commemorative stone marking the opening of this route on the right).

**C.** Before reaching the A46 turn right into Mill Farm and take footpath through the farmyard (There was a mill on this site from 1306).

**D.** At far side of second field from the Mill do not cross the stile but walk left with hedge on your right.

**E.** Do not cross the brook but turn right towards the cemetery.

**F.** At Groby Road turn right for twenty metres and then left up the hill.

**G.** At the end of the first field turn right and where the hedges funnel together to a fork in the paths take the left path and then downhill to the Top Green and then keep houses on your left to get to the road.

**H.** Turn left along the road uphill for 200 metres.

**I.** At Long Close turn right along the bridleway.

**J.** Turn left onto the footpath and follow this route with Bradgate Park visible in the distance.

**K.** Once through the Bradgate Park wall turn right and walk for 150 metres before exiting the Park. Bradgate Park is well worth a visit - Bradgate House was the childhood home of Lady Jane

Grey, who became Queen for just 9 days in 1553. Follow the path with Cropston Reservoir increasingly visible on your left. At the top of the hill go through the gate on the left and continue towards Cropston with the Reservoir and Bradgate Park now very clear on your left.

**L.** Upon reaching the crossroads go straight over along Station Road and turn right down the footpath after 100 metres and just before the Bradgate Arms. Follow the footpath and turn right into Ridley Close and at Waterfield Road turn left and then right after only 30 metres to reach open country.

**M.** After 250 metres turn left and follow path across fields and between horse paddocks, cross Thurcaston Road and follow bridleway as far as the A46.

**N.** Turn right just before the A46 and keep the A46 on your left.


**O.** At the tunnel under the A46 turn right and follow the bridleway almost to the road (Anstey Lane).

**P.** Turn left onto the well marked track and with the Rothley Brook on your right follow this until reaching King Williams Bridge (King Williams bridge was built for William III's journey to visit the Grey family in Bradgate Park in 1696) and then continue in the same broad direction along the valley with the National Grid pylon on your right.


**Q.** Just before reaching the 2nd pylon from King Williams Bridge turn right and then left onto the Anstey Lower Green.

**R.** At the road turn right and return to The Nook

 Leisurely

 3 hour  
30 minutes

 11km  
6.9 miles

 Various shops, cafés and pubs in Anstey. Public toilets in The Nook Car Park in Anstey village centre.

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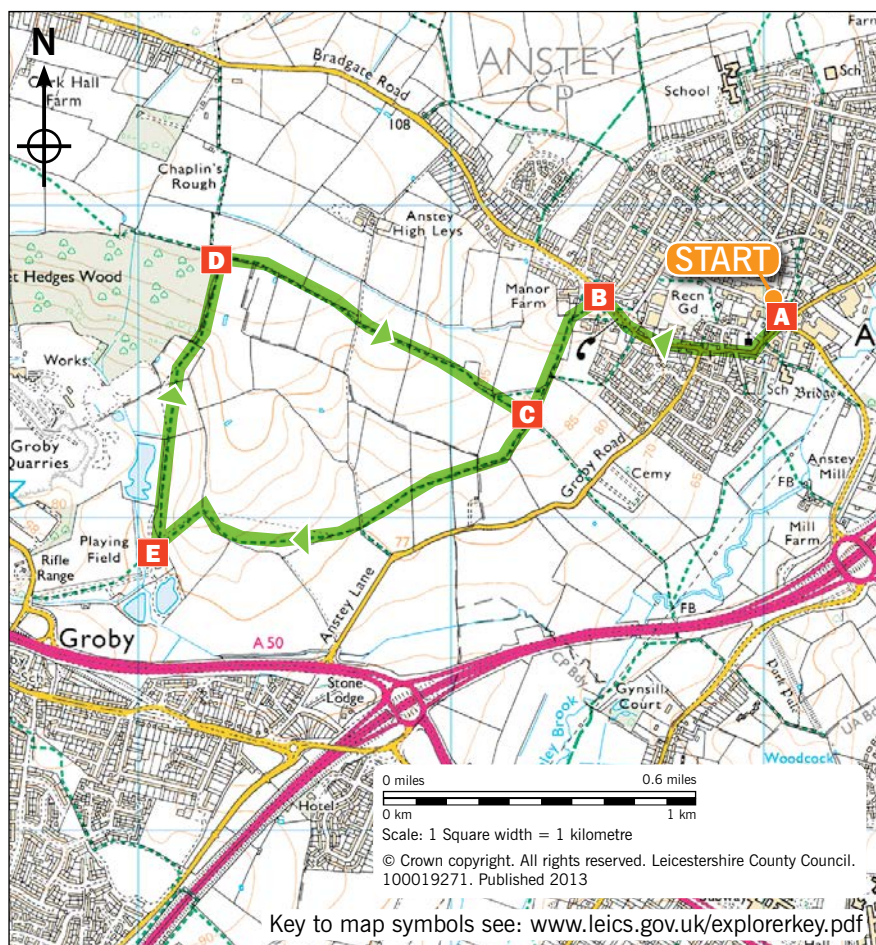
# Local Walks

AROUND ANSTEY



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**Walk 2:** This easy route across fields and along headland paths can be extended around Sheet Hedges Wood, an ancient woodland.



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- A.** From the Nook walk along Bradgate Road towards Newtown Linford.
- B.** When the Upper Green is reached bear left and exit the green through the kissing gate and follow the path uphill and then exit through a field gate.
- C.** Bear right at the footpath junction and keep the hedge on your right and follow the footpath towards Sheet Hedges Wood in the distance.
- D.** At the wood turn left (the walk can be extended into Sheet Hedges Wood if desired).
- E.** After passing the fishponds on your right turn left uphill and follow the well marked path back to the Upper Green.



Easy



1 hour  
28 minutes



4.7km  
2.9 miles



Various shops, cafés and pubs in Anstey. Public toilets in The Nook Car Park in Anstey village centre.

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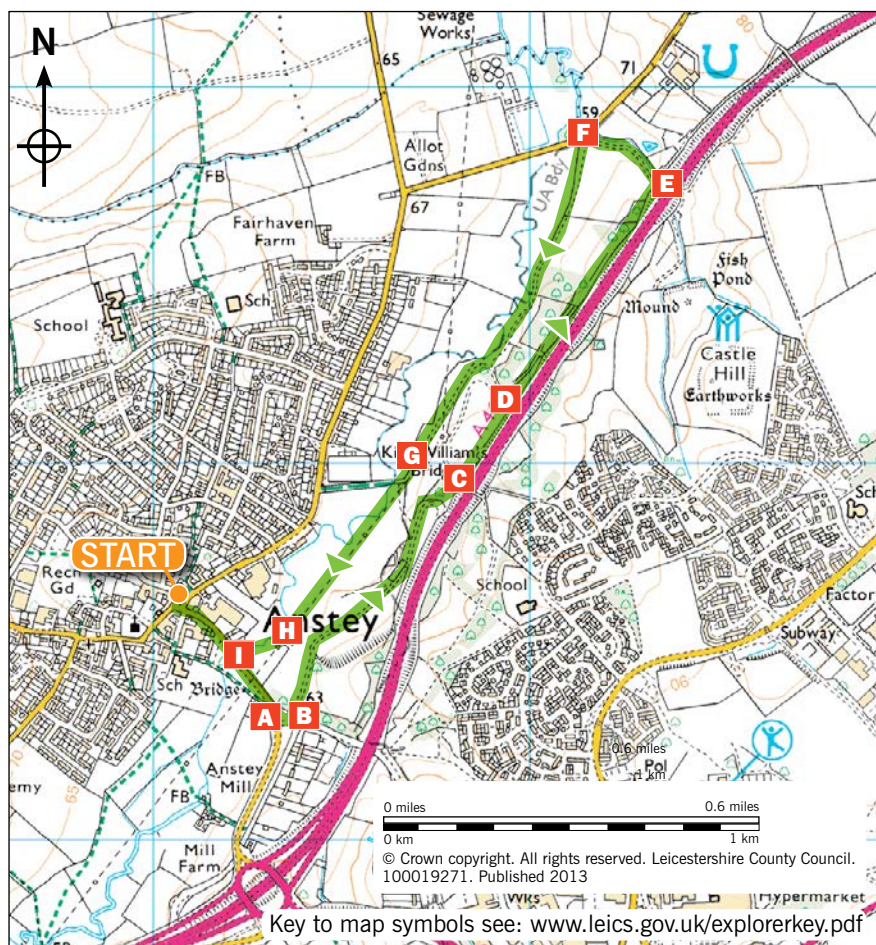
# Local Walks

## AROUND ANSTEY



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### Walk 3: A circular walk around the developing Castle Hill Park with wildlife, historical and industrial archaeological interest.

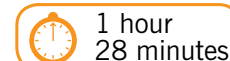


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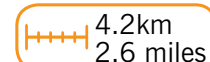
- A.** From the Nook Car Park head south past the Coach & Horses Pub along Leicester Road, and turn left onto Gorse Hill.
- B.** Turn left into Castle Hill Park opposite Gynsill Close and follow the marked path uphill keeping the A46 on your right.
- C.** At the brideway bridge continue straight on and don't cross the A46.
- D.** Enter the woodland but at start of Avenue bear right keeping broadly parallel to the A46 and ignoring downhill turns.
- E.** At the highpoint bear left and head downhill towards metal field gate along the mown ride.
- F.** Turn left onto clearly marked track and follow this route with Rothley Brook on your right until King Williams bridge is reached (King Williams Bridge was built for William III's journey to visit the Grey family in Bradgate Park in 1696).
- G.** Don't cross King Williams bridge but go through gate and then follow line of electricity pylons.
- H.** Just before 2nd pylon from King Williams Bridge turn right and then left through a kissing gate onto the Anstey Lower Green.
- I.** At Leicester Road turn right and back into the Nook.



Easy



1 hour  
28 minutes



4.2km  
2.6 miles



Various shops,  
cafés and pubs  
in Anstey.  
Public toilets in  
The Nook Car  
Park in Anstey  
village centre.

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