

# River Soar Trail



River Soar & Grand Union Canal

*This circular route follows the canal and returns on the Great Central Way. The surface of the towpath varies in quality and is not always suitable for family cycling. The Great Central Way is fully paved and suitable for all users.*

*The route starts at Aylestone Mill Lock and follows the canal through Aylestone Meadows, past the 15<sup>th</sup> century Pack Horse Bridge and on to Glen Parva Nature Reserve.*

## ROUTE 2– Aylestone Meadows to Glen Parva Nature Reserve and Great Central Way 4 miles

*Return via the Great Central Way which follows the route of the Great Central Railway, once a major main line between London and Manchester. Stop off for a visit to Pebble Beach on your way back, or explore the wetland boardwalk.*

For more ideas and information for getting around in Leicester and Leicestershire visit

[choosehowyoumove.co.uk](http://choosehowyoumove.co.uk)



Route produced by the River Soar & Grand Union Canal Partnership

[www.leicestershirewaterways.com](http://www.leicestershirewaterways.com)

<i>Start</i>	Aylestone Mill Lock SAT NAV: LE2 8TB
<i>Finish</i>	As above
<i>Public transport</i>	The Grace Road bus stop on Aylestone Road is close to the Aylestone Mill Lock entrance. Regular services from the city, or inbound from South Wigston, Cosby and Lutterworth.
<i>Parking</i>	There is a free public car park at Aylestone Mill Lock.
<i>Facilities</i>	Pubs and a shop in Aylestone village (via Pack Horse Bridge). Tearoom at King's Lock (open Thu - Sun)

