

# River Soar Trail



River Soar & Grand Union Canal

*Follow the full route and return by train from East Midlands Parkway, or stop at Normanton on Soar and visit the 12<sup>th</sup> Century St James Church. The towpath can be muddy in places and is not suitable for family cycling.*

*Join the towpath at Canal Bank, alongside the Travelodge on Bridge Street. Follow the canal out of the town, passing Loughborough and Bishop Meadow Locks, and eventually reaching Normanton on Soar. If visiting on summer*

## ROUTE 7 – Loughborough to Redhill Marina 9 miles

*weekends you may be able to cross using the unique 'chain ferry', otherwise the next crossing is at the Zouch Road bridge. Continue along the river, passing Kegworth, until you reach Redhill Marina and Lock. East Midlands Parkway is nearby for regular trains back to Loughborough.*

For more ideas and information for getting around in Leicester and Leicestershire visit [choosehowyoumove.co.uk](http://choosehowyoumove.co.uk)



Route produced by the River Soar & Grand Union Canal Partnership

[www.leicestershirewaterways.com](http://www.leicestershirewaterways.com)

<i>Start</i>	Canal Bank SAT NAV: LE11 1NQ
<i>Finish</i>	As above or East Midlands Parkway SAT NAV: NG11 0EB
<i>Public transport</i>	Loughborough: Regular train and bus services to Leicester East Midlands Parkway: Regular train services run to Leicester, Loughborough and Nottingham
<i>Parking</i>	Beehive Lane and Granby Street car parks are both within a 10 minute walk of the trail. See <a href="http://www.charnwood.gov.uk/pages/carparklocations">http://www.charnwood.gov.uk/pages/carparklocations</a> for charges.
<i>Facilities</i>	Public toilets and a range of pubs, cafes and shops in Loughborough. Plough Inn, Normanton on Soar.

