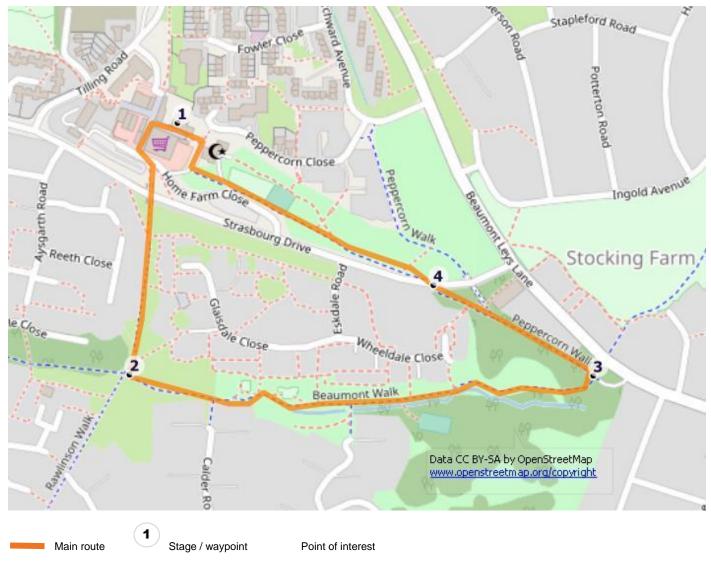
A stroll from Beaumont Leys Children's Centre

Start location: Beaumont Leys & Stocking Farm Children's Centre, 20 Home Farm Walk

Time taken: 27 minutes (approximately, steady pace) Distance: 0.9 miles 1.5 km Circular

Description:

A short walk of just under one mile through local green spaces in the Home Farm area. As you walk try out the physical challenges and the observation activity - can you spot something in each colour of the rainbow?



*Time is calculated at a steady pace of 2mph

This route was developed by staff and volunteers for Leicester City Council: www.choosehowyoumove.co.uk/walks



Walk starts at:

20 Home Farm Walk, Leicester, LE4 ORW

Safety tips:

Take care crossing roads – use the pedestrian crossing on Strasbourg Drive. Watch out for cyclists on paths, this is a cycle route.

Rainbow activity:

As you walk, look out for colourful objects. Can you spot something in each colour of the rainbow?

Red...Orange...Yellow...Green...Blue...Indigo...Violet...

Route directions:

- From the Children's Centre, turn right on Home Farm Walk and head towards the supermarket at the top. Immediately turn left after the supermarket and follow the pathway towards Home Farm Close. The supermarket will be on your left side. Turn left on to Home Farm Close and after a short distance cross carefully to the opposite pavement. You've almost reached Strasbourg Drive, a busy road that you need to cross. Be sure to cross safely or use the pedestrian subway underneath the road if you want to. After the road, continue on the path ahead, passing side paths.
- 2. Soon, reach the main path junction with Rawlinson Walk. You'll need to turn left here onto Beaumont Walk there's no sign here but you'll be able to spot the lamp posts and greenery.

Activity: Hopping challenge. Take turns with members of your family to hop as far as the play area. Who can do the most continuous hops?

After a few meters you'll pass the children's play areas. Continue ahead.

Activity: Running challenge. Pick an object ahead and race to it. Who won?

- 3. Before you reach the main road (Beaumont Leys Lane), turn left by a bollard onto Peppercorn Walk. Soon you'll be approaching the busy Strasbourg Drive again. Be sure to cross safely.
- 4. Cross Strasbourg Drive at the pedestrian crossing. On the far side turn left and continue on the pavement. Where the path divides, pass the bollard to take the path that leaves the road and head towards the children's play area.

Activity: Hopscotch challenge. Take turns with members of your family to 'hopscotch' along this section.



5. After the play area, turn right by the Neighbourhood Centre then left onto Home Farm Walk to return to the children's centre.