

Explore the Soar

Leicestershire & Rutland
Wildlife Trust



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Main Route Point of interest



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& Rutland**
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Start location: Abbey Park North Car Park, Leicester, LE4 5AQ

Time taken: 40 Minutes

Distance: 2 Kilometres / 1.2 Miles

Description:

Take a stroll with Leicestershire and Rutland Wildlife Trust along the banks of the River Soar, part of their Soar and Wreake Living Landscape. Living Landscapes restore, recreate and reconnect habitats to create an environment full of wildlife and rich in opportunities for learning, health and well-being. On the walk you will be looking at the habitats and species that live in, and alongside this urban stretch of river and finding out more about the importance of our wetland habitats for wildlife and nature conservation. After your walk, if you are feeling adventurous, there are many more wild places to explore in and around Leicester – why not head over to www.lrwat.org.uk to find out about their amazing nature reserves and their wider conservation and education work across the counties of Leicestershire and Rutland. You can also find details about becoming a supporter of the Trust and opportunities to get involved in volunteer activities.

This route is best enjoyed with audio accompaniment

available at choosehowyoumove.co.uk/walkleicester/explore-the-soar/

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Directions

1. Looking at the Abby Park Plaque, follow the path through the collection of buildings until you reach the tree stump.
 2. Follow the path to the right, heading towards the River Soar
 3. Follow the path parallel to the river until you reach the bridge.
 4. Cross over the bridge and take the right hand path.
 5. Follow the river path, cross the road and continue parallel to the river until you cross a small bridge and reach a T junction.
 6. Take the right path and follow it until it reaches a fork.
 7. Take the left fork and follow the boards out into the wetland.
- You have reached the end of the route.

Points of interest:

1. Abbey Park Map and Plaque
2. Tree Sculpture
3. River Soar Walkway
4. Tree Grove by Bridge
5. Old Abbey Wall
6. Cardinals Meadow
7. Abbey Meadows Footbridge
8. River Weir
9. Artificial Wetlands
10. Wetland Walkway

Safety tips:

- Be aware that surfaces may be uneven, please keep aware of the terrain below your feet
- Surfaces may change due to weather so make sure to bring along appropriate footwear and anything further you may need to enjoy your walk
- Be aware of surrounding traffic.
- Remember to observe the guidance on social distancing.
- Pavements and paths are used and enjoyed in different ways, please be considerate to other users.

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