

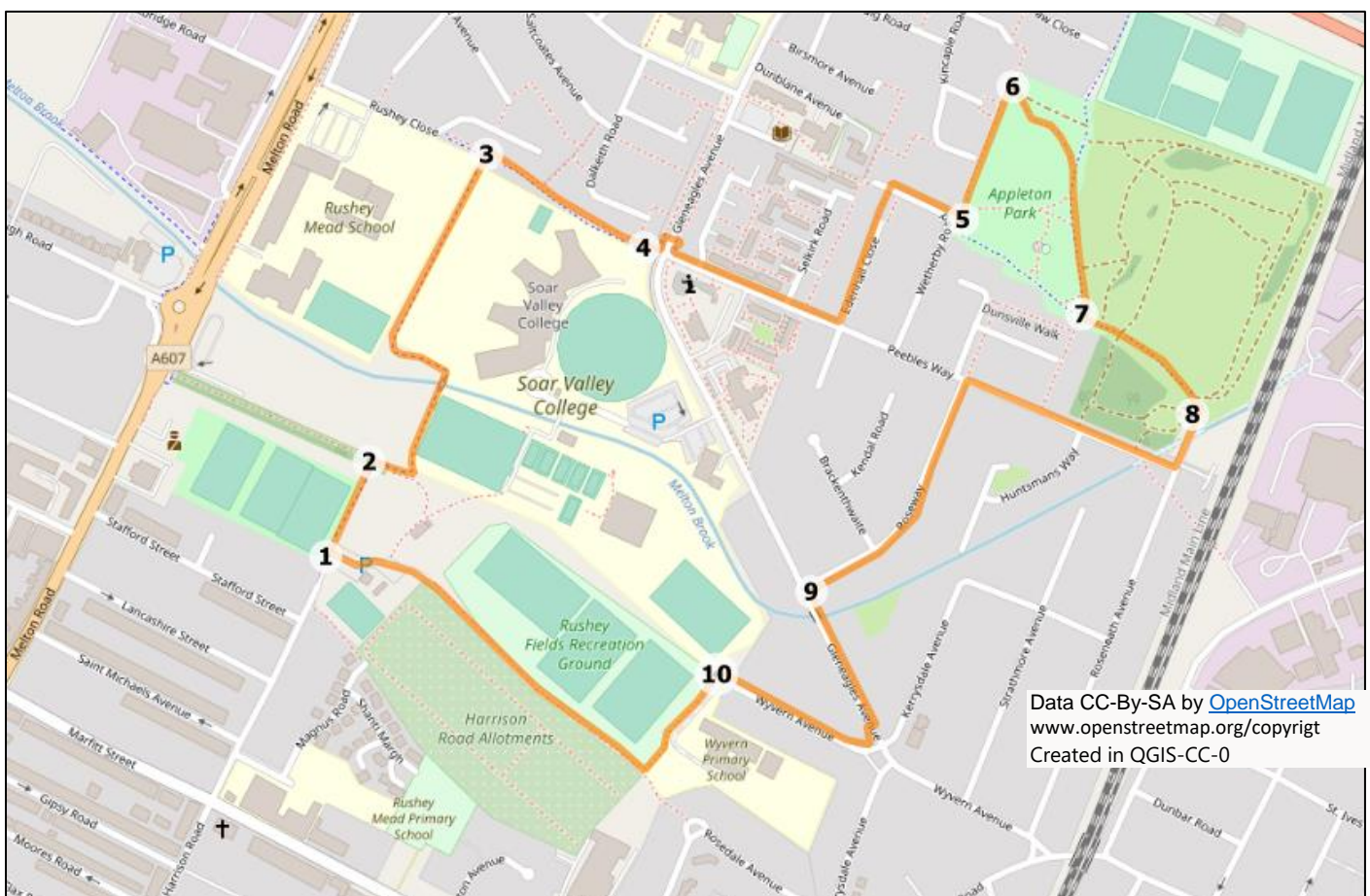
# Rushey Fields Recreation Ground to Appleton Park, Leicester

**Start location:** Rushey Fields Recreation Ground, Harrison Road, Leicester, LE4 7AJ

**Time taken:** 1 hour 10 minutes (steady, pace)\*      **Distance:** 2.2 miles 3.6 km      **Circular route**  
55 minutes (medium pace)

## Description:

This walk takes in the green fields of Rushey Fields Recreation Ground and heads to Appleton Park via a combination of pedestrian footpaths and pleasant residential streets. Appleton Park is a delightful but little-known green space, tucked in a residential area. With a range of trees and grassland, the park is a great place to spot birds and other wildlife. It also has a small playground for children.



- Main route
- Alternative route
- 1 Stage / waypoint
- A Point of interest

\*Time is calculated at a steady pace of 2mph, if walked without stopping. Allow extra time to look at points of interest and read the information.

This route was developed by staff and volunteers for Leicester City Council:  
[www.choosehowyoumove.co.uk/walks](http://www.choosehowyoumove.co.uk/walks)



## Walk starts:

### Rushey Fields Recreation Ground, Harrison Road, Leicester, LE4 7AJ.

Rushey Fields Recreation Ground can also be accessed from Melton Road nearby, which is served by buses. The recreation ground has a small car park off Harrison Road.

## Safety tips:

- Take care crossing roads. Use pedestrian crossings where present, especially at the major junctions.
- Watch for cyclists in the parks and on the shared pedestrian/cycle paths between Rushey Mead School and Soar Valley College and along Gleneagles Walk.
- In some places along the route paths are narrow, cracked or uneven, so tread carefully.
- Appleton Park is tucked away and can feel a bit remote. Walkers may prefer to visit in company and at peak times. Some paths here are unsurfaced and can be muddy in the wetter months.
- Remember to observe the guidance on social distancing.

## Route directions:

1. From Harrison Road, enter Rushey Fields Recreation Ground by the gate on the left by the blue signpost. Take the path ahead with the cricket field to your left and car park to your right. Watch out for cyclists in the park. Alternatively, start from the car park and head towards the cricket field to pick up the path. Follow the straight path (and row of street lights) along the edge of the field. Continue towards the tree-line at the end of the field.
2. At the path junction, take the path ahead with the metal cycle barriers and immediately bear right. Continue to look out for cyclists – this a shared pedestrian/cycle space. After a short distance the path turns sharp left. Pass between the metal fencing and continue ahead with the fence and sports court to your right. Cross the footbridge over the brook. Follow the path ahead as it takes some sharp turns before straightening out. Pass Rushey Mead School on the left and Soar Valley College on the right. Continue ahead to the path junction.
3. Turn right here on Gleneagles Walk. This is a pedestrian/cycle path - take care not to walk in the cycle lane and keep to the pedestrian designated path. Continue and pass some houses.
4. At the end you'll reach Gleneagles Avenue. Watch for cyclists on the pavement – this is still a shared area. Turn left for a short distance to reach the pedestrian crossing and cross the road when safe. Turn right on the far side and then (before the Catholic Church) turn left on Peebles Way. Continue ahead on this residential street, crossing side roads with care. Turn left on Edenhall Close. Continue to the end, pass the green space and reach Wetherby Road. Cross over, turn right and continue to the bend.
5. Enter Appleton Park at the blue fencing and take the path to the left along the edge of the park, passing houses.

### Appleton Park

Appleton Park is a pleasant green space with a mixture of trees, grassland and wild flowers in the summer, making it a good place to relax with nature.

6. At the top corner of the park near the end of the houses, turn right on an unsurfaced path which diagonally crosses the park. At a main path junction bear right. Pass a bench and keep left on the main path, ignoring the small side path to the right (by the children's play area). Continue.
7. At the next junction turn left with grassland to the left and a hedge and trees to the right. This area of the park is a good place for nature spotting. At the bin, bear right and follow the path to the gate.
8. Exit on Roseneath Avenue. Continue ahead then turn right on Peebles Way. (Note there are paths leading into the woodland area to your right – an opportunity for more nature spotting. You may wish to explore these another time). When safe to do so, cross to the opposite side of the road. Turn left on Roseway and continue on this residential road to reach Gleneagles Avenue.
9. Turn left on Gleneagles Avenue and walk a short distance to the pedestrian crossing. Cross the road here, turn left on the far side then shortly turn right on Wyvern Avenue. Continue to the end of the road.
10. Enter Rushey Fields Recreation Ground via the gate on the left and follow the path ahead along the edge of the field. Bear right at the bin (ignoring the metal gate and path to the left) and continue to follow the edge of the field towards the building. Continue ahead to return to the Rushey Fields Rec car park.

### **Acknowledgements**

Route researched and developed by staff and volunteers for Leicester City Council.